

Lesson 7: Support and Resistance Done Right

Overview

- Mark zones, understand role reversal, and trade from structure.

Key Concepts

- Zones are better than thin lines.
- Role reversal is common after breakouts.
- Fresh zones have higher probability.

Framework

- Mark HTF zones.
- Refine zones on M15.
- Wait for rejection or retest.
- Target the next zone.

Checklist

- Zone is fresh and clear.
- Bias aligned.
- Confirmation present.
- Stop beyond zone.