

# Lesson 4: Bid-Ask, Spread, and Order Types

## Overview

- Understand pricing, spread costs, and when to use each order type.

## Key Concepts

- Buy at ask, sell at bid.
- Spreads widen during low liquidity and news.
- Order types control execution and slippage.

## Framework

- Check spread before entry.
- Use limit orders at levels.
- Use stop orders for breakouts.
- Avoid market orders into news.

## Checklist

- Spread normal.
- Order type fits setup.
- Stop and target defined.
- News window clear.